

Joy

Breath

Fulfillment

Life

Existence

# *Educating the Heart*

Love

Kindness

Gratitude

*Brought to you by*

**YPI, Bangalore**

Young People's Initiative, Bangalore Chapter  
in association with  
The Prem Rawat Foundation

# University Events

## Harvard University



*"Outward success and inward success are two distinctly different things. They can co-exist and there is no conflict between the two."*

## Oxford University



*"I look at everyone as an individual rather than as a part of a particular group of people. That way it is much easier to cross the cultural barriers, the language barriers, and whatever other barriers people put up."*

## Indian Institute of Technology, Delhi



*"Whatever your responsibilities are on the outside, you should take care of them. But we have another responsibility - a responsibility to the heart. We do not have to sacrifice one for the other. Finding peace in the heart is another responsibility we have. This is a responsibility to ourselves."*

# University Events

## University of California, Berkeley



*"You are alive. You can feel pain, but more importantly, you can feel joy. You can feel turmoil, but most importantly, you can feel peace. You have the ability to feel contentment."*

*"You judge your life by the good things and the bad things, by what you have accomplished and what is left to be accomplished. None of these things should be the measure for this life. There should be only one measure - how content and how satisfied you are."*

## Griffith University, Australia



## Nova Southeastern University



*"Every being wants to be happy because that is what their heart desires. But we have broken happiness into formulas, and we pursue the formulas more than we pursue the desire itself."*

## Some other University events...

University of Salamanca, Spain

University of Colorado at Boulder, USA

University of Tennessee, USA

Thamassat University, Thailand

The Hongkong Polytechnic University, Hongkong

Thai University, Thailand

Miami Dade College, USA

# Around The Planet

## 60th Anniversary Celebration of United Nations



### United Nations Conference, San Francisco

*"I'm talking about the peace that can be experienced even in the middle of war."*

## Italian Parliament



*"The real dignity of a human being is preserved when a human being not only listens to their mind but to their heart, and there is a balance between the two."*

## Lincoln Center, New York



## Dublin, Ireland



## Jawaharlal Nehru Stadium, New Delhi, India



**"WHAT YOU ARE LOOKING FOR IS ALREADY WITHIN YOU,  
AND I CAN SHOW YOU HOW TO GET IN TOUCH WITH IT."**



# Around The Planet

## United Nations Conference Center, Bangkok



*"What is so fundamental to us is not the boundaries of countries or even our ideals, for in the midst of the ideals, we have forgotten the fundamental human thing."*

*"Peace is the responsibility and charge of every single human being. And it is that individual peace that needs to be sought, acknowledged, and achieved in this lifetime. This is what has to happen."*

## Australian Parliament



## Also...

Accra, Ghana    Bantoli, India    Salamanca, Spain    Brisbane, Australia    Singapore    Pittsburgh, USA    Madrid, Spain  
Perth, Australia    Copenhagen, Denmark    Bhagalpur, India    The Hague, Netherlands    Jaipur, India    Bangalore, India    London, UK  
Florianopolis, Brazil    Kadappa, India    Kanpur, India    Quito, Ecuador    Montreal, Canada    Amaroo, Australia    Ganganagar, India    Berkeley, USA  
Los Angeles, USA    Coimbatore, India    Barcelona, Spain    Lisbon, Portugal    Mauritius    Rio de Janeiro, Brazil  
Kathmando, Nepal    Tokyo, Japan    Colombo, Sri Lanka    Kolkata, India    Malmö, Sweden    Buenos Aires, Argentina  
Hyderabad, India    Chennai, India    Kuala Lumpur, Malaysia    Vadodra, India    Hongkong, China    Amsterdam, Netherland  
Sydney, Australia    Minneapolis, USA    Ekengarsarai, India    Varanasi, India    Barcelona, Spain    Cape Town, South Africa  
Marseilles, France    Northern Queensland, Australia    Argentina Senate    Rome, Italy

*And countless more...*

# Humanitarian Initiatives

An important part of the mission of The Prem Rawat Foundation is to help people most in need around the world with the basic needs of nutritious food and clean water. The Foundation funds the Food for People facility in the village of Bantoli in northeastern India. In this remote tribal area where malnutrition is widespread, more than 100,000 free hot meals are served each year. The Foundation also holds free medical clinics in India, where eye consultations, appropriate medicines, and eyeglasses are provided to people in need. Occasionally, the Foundation partners with non-profit organizations such as the UN World Food Programme, Oxfam, or the Red Cross, to be able to reach a greater number of people in the field more rapidly. All grants are supported by the generosity of donors around the world.



Typhoon Relief in the Philippines



The Prem Rawat Foundation Brings Disaster Relief to Indonesia

Some of the major contribution made by The Prem Rawat foundation recently include

- \* \$125,000 Donated for Hunger Relief to Victims of Hurricane Katrina
- \* \$100,000 to the UN World Food Programme for Pakistan earthquake relief
- \* Clean Water to 10,000 Villagers in Ghana
- \* Year round "Food for People" program for Tribal Villagers in India
- \* Grant to Support Flood- and Cyclone-Relief Efforts in Mozambique
- \* TPRF Grant Brings Relief To Flood Victims In Sumatra
- \* Funds Indigenous Australian School Breakfast Program
- \* The Prem Rawat Foundation partners with Oxfam to bring water to the Middle East
- \* Help for Earthquake Victims in Java
- \* TPRF Successfully holds Eye Clinic in India
- \* Tsunami assistance project
- \* \$150K grant to World Food Program



TPRF Grant Brings Clean Water to 10,000 Villagers in Ghana

# Man behind the message



**Prem Rawat**, also known by the honorary title Maharaji, has travelled the world for more than four decades, inspiring people to find peace within. His message is simple and profound. Speaking at the United Nations Conference Centre in Bangkok, Thailand, he expressed, "Peace needs to be in everyone's life. Of all the things we have tried in this world, there is one thing we have never given a chance. That one thing is peace. If we want to hope for something, maybe we could hope in our heart that peace will come in our life. The peace we are looking for is within. It is in the heart, waiting to be felt, and I can help you get in touch with it. It is not the world that needs peace; it is people. When people in the world are at peace within, the world will be at peace."

**B**orn in India, he started addressing audiences at the age of three and gave his first published address when he was only four. At eight, he started presenting his message of peace throughout the Indian subcontinent. At thirteen, he was invited to speak in London and Los Angeles. Since then, more than 15 million people in over 250 cities and 95 countries around the world have come to him for inspiration and guidance.



The dissemination of his message, which is made available in more than 95 countries and 70 languages, is entirely supported by voluntary contributions and the sale of related materials. He supports himself and his family through independent means. He founded The Prem Rawat Foundation, which promotes his message of peace and spearheads significant humanitarian initiatives around the world.

For those who wish to make peace a reality in their life, he offers inspiration and guidance. What I offer people is not just talk," he says, "but a way to go inside and savor the peace that is within."



**" I am trying and I will try as long as I can, to bring peace, to people, to each individual. That's all what I can do. "**



# Awards and Honours Events



Prem Rawat has received widespread recognition for more than three decades. Proclamations and resolutions that honor his work, keys to cities, letters of appreciation, and invitations from government officials are among the many ways he has been welcomed through the years.

## Prem Rawat Day

On June 16, 2005 Gavin Newsom, Mayor of San Francisco, declared 16th June each year as the PREM RAWAT DAY in recognition of an internationally known Indian humanitarian leader and peace advocate.

### Resolutions, proclamations

Governors of Michigan and New Mexico. General Assembly of the State of Connecticut; Court of Common Council, Hartford, Connecticut; Pennsylvania House of Representatives; Rhode Island General Assembly; Wisconsin Legislature. Mayors of Boston, Massachusetts; Los Angeles, California; Buffalo, New York; Boulder, Colorado; Miami, Florida; Fort Lee, New Jersey.



### The List of Honors Received

#### Keys to cities

New York City, New York; New Orleans, Louisiana; Oakland, California; Kyoto, Japan; Detroit, Michigan; Miami Beach, Florida.

#### Letters of appreciation and honors

City of Atlanta, Georgia; United States Library of Congress; National Geographic Society; Vermont Historical Society.

#### Special Honors given by government officials

Los Angeles, California; Portland, Oregon; Denver, Colorado.

#### Award for Best Television Programme

Brazilian Association of Community Television Channels for Words of Peace, a weekly series featuring excerpts from Prem Rawat's message of peace.

