

Maharaji at Oxford University

What I have to talk about is really quite simple. It deals with one human being—one person, one individual, who breathes, thinks, wants to understand, wants to learn. Sometimes, in the pursuit of all that we pursue in this world, we forget about us. Who am I? Who are you? You are unique. There is no one like you. I cannot emphasize enough the uniqueness of every human being on the face of this earth.

Learning is a process that will happen for every single person. This is our nature. Learning will happen, but amongst all the things we learn, what is the most important thing to learn? Millions have come through these gates to learn, understand, and go on in their lives to be successful and prosperous. But there is one kind of prosperity that was talked about a very, very long time ago: Know thyself.



The idea of peace is not new. I've been talking about peace since I was a child, because I know that there is another face of peace. There is an idyllic face of peace that people paint in which nobody is fighting with anyone. But there is a face of peace that does not rely on boundaries. There is a face of peace that has nothing to do with obedience, nothing to do with your wishes. It is the face of peace that lies in the heart of every human being.

This is the possibility, the reality, that certain people have always envisioned: "Know thyself." The resource of the joy, the peace, you are looking for exists within you. You have the tools you need to accomplish the aspirations of your heart, regardless of all external circumstances.

Are you in peace? Are you content, not by thought, but by feeling? There cannot be a formula for peace: "I am content because I did this and I did that and therefore, everything is fine." It has to be a reality.

My message is not connected to a religion. My message is connected to getting in touch with your heart, to understanding the value and the preciousness of your existence. It is about addressing, rather than covering up, the fundamental needs that you have as a human being—needs that are the same for everyone.

Maharaji

